

# ACN Virtual Symposium 2021

## Friday, January 29, 2021: (All Times are Eastern time)

1:50p - 2:00p	Introductions
2:00p – 5:00p (3 CH)	Pre-Conference: Developing Your Communicable Disease Plan – Workshop  Description: This session will provide the tools and discussion to create a personal communicable disease plan for your camp. During the session we will outline nonpharmacologic interventions, supplies and resources, managing an outbreak, and communication and debriefing.
	Dr. Tracey Gaslin CPNP, FNP-BC, CRNI, RN-BC
5:00p – 5:30p	Break
5:30p – 7:00p	Introduction to ACN! Get to know ACN members & learn through our shared experiences.

## Saturday, January 30, 2021: (All Times are Eastern time)

12:45p- 1:00p	ACN Symposium Welcome & Announcements
1:00p – 2:00p (1 CH)	Keynote Session: Camp: Trauma, Hope, and a Path to Healing Speaker: John Hamilton MA  Description: Throughout the pandemic, the American public has sometimes had to choose between objective data and personal testimonials between science and beliefs. And while the medical, social, economic, and educational toll from the COVID-19 virus is unprecedented, some of the effects have been deemed traumatic. But how does this inform our work with youth? If we know trauma has lasting adverse effects on an individual's functioning and mental, physical, social, emotional, or spiritual well-being, what is ours to do? In this session, we'll discuss how we can move from immobilization and dysregulation towards offering hope and wholistic healing in our work.
2:10p – 3:10p (1 CH)	Camp Health Care Practices Within the Context of Covid-19: Benchmarks from the Summer of 2020 Speaker: Dr. Barry Garst Description: This session will address findings from ACN's COVID-19 Camp Health Care Practices study and learn about the impact of nonpharmacologic interventions (NPIs) on health and wellness at camp. Results and implications will be shared to support camp health services for 2021.
3:10p - 3:30p	Break Time
3:30p - 4:00p 4:00p - 4:30p	Break Out Rooms: (2 sessions – 30 minutes each)  Managing COVID suspect and COVID+ situations (Paula Lauer RN, BAN)  Creative strategies for using NPI's at camp (Lynne Rodrigues RN)  Transportation considerations during COVID (Matt Hecht RN)  Screening Tools and Processes (Beth Schultz RN, DNP)  Staff Preparedness & Staff Challenges (Katie Duffy, Camp Director)
4:40p – 5:40p (1 CH)	Preparing for a Different Health Services: Considerations for Care  Speaker: Phil Hackmann RN  Description: In order to create a positive camp experience we need to mold expectations, safety guidelines, and support services to manage individuals in community-based setting during times of communicable disease. This session will outline key activities needed prior to the start of camp such as pre-screening; education of campers, families, and staff; health services adjustments, and much more. Our hope is that this session will help you begin to consider the variables of importance as you plan for summer camp 2021.
5:40p - 6:00p	Break Time
6:00p – 7:00p (1 CH)	Learning from Summer 2020 Experiences  Panel: Judy Kirtley RN, Birdie Harvel RN, Andy Pritikin Camp Director, Andrea Yenter Camp Director  Description: This session will be a discussion of the lived camp experience from summer 2020.  Participants will be able to ask the panel questions regarding day and residential camp achievements and challenges while providing camp services.
7:00p – 8:30p	Awards and Networking



#### Sunday, January 31, 2021: (All Times are Eastern time)

2:45p-3:00p	Introductions & Announcements
3:00p – 4:00p (1 CH)	Testing in a Time of COVID: Considerations for Camp Practice Speaker: Dr Laura Blaisdell Description: As the landscape of COVID-19 testing continues to shape and shift, camps are beginning to think about testing strategies for Summer 2021. This workshop will review current tests for COVID-19 and review their strengths and limitations. Participants will also learn about current best practices for COVID-19 testing in the camp setting and discuss the role camp nurses in testing administration and interpretation.
4:15p - 5:15p (1 CH)	Supporting Staff Mental Health: Five Overlooked Essentials Speaker: Dr. Chris Thurber Description: The demands of camp leadership can stretch the most resilient staff to their limits, which is why camp nurses and other providers have a key role to play. This interactive workshop will use live scenarios and case studies to teach five overlooked approaches to staff mental health and wellness. Rather than wait until mental health problems grow severe enough to affect counselors' functioning, you can teach, monitor, and assess social-emotional strength.
5:15p – 5:30p	Closing and Evaluations

Nurses: To obtain contact hours for this event -

- Complete the registration process.
- Attend at one or more sessions in the schedule.
- Credit awarded commensurate with participation and completion of evaluation for each session.

This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

There is no conflict of interest for anyone with the ability to control content of this activity.

No off-label use of products will be discussed.

Some sessions will be recorded and available in the ACN Online Education Center.

Expiration date for these enduring materials is January 30, 2023.

#### Many Thanks to the Members of the Education Committee:

Cheryl Bernknopf RN, Chair Lisa Cranwell-Bruce DNP, RN, FNP-C Bretta Weissmann RN Mari Rudd BSN, RN, CRNI Phil Hackmann RN Stacy Dorian RN