8.2 SUGGESTED INTERIM GUIDANCE ON CAMPERS AND STAFF WITH PREEXISTING MEDICAL CONDITIONS [5/16/2020]

According to the White House and Centers for Disease Control and Prevention (CDC) guidelines, COVID-19 is a new disease and there is limited information regarding risk factors for severe disease. Anyone can experience mild to severe symptoms. In the CDC camp decision making tool, an important criterion in deciding whether to open camp is stated as follows: “Are you ready to protect children and employees at higher risk for severe illness?” Camp directors and administrators are advised to implement pre-screening of campers and staff for medical clearance to attend camp by their primary care providers before presenting to camp. Primary care providers are best position to make a professional judgement based upon an individual’s health status and their suitability for the camp environment at this time. This information provides camp directors with information on what precautions are required or may be appropriate to protect those at higher risk for severe illness.

PEOPLE AT HIGH RISK OF SEVERE ILLNESS FROM COVID-19

Currently, information indicates that older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. Those at high risk for severe illness from COVID-19 are people aged 65 years and older and people who live in a nursing home or long-term care facility.

Those at high risk include people of all ages with underlying medical conditions, particularly if not well controlled, including:

- People with chronic lung disease or moderate to severe asthma
- People who have serious heart conditions
- People who are immunocompromised
  - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications
- People with severe obesity (body mass index [BMI] of 40 or higher)
- People with diabetes
- People with chronic kidney disease undergoing dialysis
- People with liver disease

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1 White House/CDC. Guidelines for Opening Up America Again. https://www.whitehouse.gov/openingamerica/
RECENT INFORMATION ON MULTISYSTEM INFLAMMATORY SYNDROME FOR PEDIATRIC PATIENTS

Medical professionals including the CDC are closely monitoring a pediatric condition now termed as Pediatric Multi-system Inflammatory Syndrome (MIS-C), a rare disease affecting children that is potentially related to COVID-19.

On Thursday, May 14, 2020, CDC released an advisory entitled, Multisystem Inflammatory Syndrome in Children (MIS-C) Associated with Coronavirus Disease 2019 (COVID-19) to the medical community.

As is the nature of any new disease, public health and medical communities are closely tracking and monitoring for MIS-C and its outcomes. We will monitor announcements from these communities alongside governmental agencies and the medical literature to track current advice on this development. The Field Guide will be updated as this information becomes available.